

I love you.

Thank you for all that you do to help me grow healthy and strong.

Be the best me I can be each day,
ask for help when I need it,
and stay away from alcohol, tobacco and other drugs.

This Mothers Day I promise to:

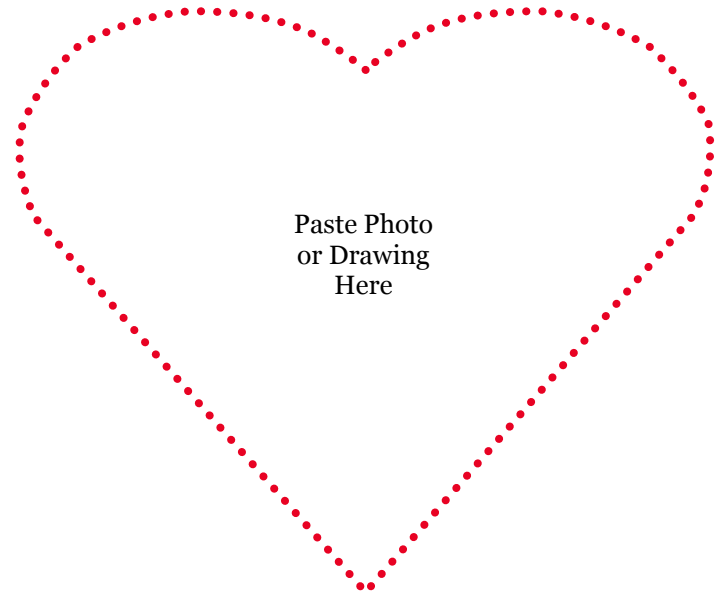
I want you to know that I do not plan to use alcohol until I am of legal age
and I do not plan to use drugs. I know that using alcohol, tobacco or other
drugs can lead to dangerous behavior, poor health, and can stop me from
reaching my goals. I want you to be proud of the decisions I make.



Made with love
May 2010

This Mother's day I want to share with you my hopes and dreams
for my future:

My Mother's Day Promise to you...



Paste Photo
or Drawing
Here