

Ask the tough questions

- Monitor your kids by asking who, what, and where?
- Make sure to stay connected by communicating with the parent or chaperone at any gathering your kids might attend without you.
- Set a “no alcohol” before age 21 rule in your household and be sure to ask teen party hosts to enforce that boundary.



Tips for Parents

- Let your kids know that drinking alcohol before age 21 can lead to serious health and safety consequences.
- Help your kids practice different ways to say “no” to alcohol and other drugs when with their peers.
- Design an “escape plan” with your kids so that they can leave a party if they feel unsafe for any reason.
- Host an alcohol and drug free party for your kids and their friends. Be sure to provide: parent supervision, fun food, music, and include activities they enjoy like dancing or water balloon games!



HELPFUL WEBSITES FOR PARENTS

drugfree.org
parenting.org
abovetheinfluence.com
theantidrug.com
parentingisprevention.org
drugfreeamerica.org

GET INVOLVED!

kzootaskforce.com



Smart Fact

Over 80% of parents strongly support 21 as the legal drinking age.

Smart Summer is proudly brought to you by:

